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UNITED STATES	DISTRICT COURT
DISTRICT C	OF NEVADA
* *	* *
KEITH ALAN LASKO,	
Plaintiffs,	) 2:13-cv-01893-JAD-NJK
VS.	ORDER
AMERICAN BOARD OF SURGERY, et al.,	
Defendants.	
Defendants.	
Before the Court is pro se Plaintiff Keith	Alan Lasko's Motion for Discovery with
Interrogatories and Request for Documents, Doc	ket No. 108. <sup>1</sup>
I. DISCUSSION	
	y source before the parties have conferred as
required by Rule 26(f), except in a proceeding ex	•
26(a)(1)(B), or when authorized by these rules, b	
26(d); see also, e.g., First Option Mortg. LLC v.	•
11, 2012). Upon a showing of good cause, a cou Rule 26(f) conference. <i>Id</i> . Good cause exists "w	
consideration for the administration of justice, or	- ·
Id. (quoting American LegalNet, Inc. v. Davis, 6	
(1	
1	
Assuming discovery is authorized to commendate litigants to file Motions with the Court to See Fed. R. Civ. P. 33, 34.	mence, the Federal Rules of Civil Procedure do not o issue interrogatories or requests for production.

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There is no record of the parties having conferred as required by Rule 26(f). Plaintiff, therefore, may not seek discovery from any source. Moreover, Plaintiff's Motion fails to set forth any reason, much less good cause, for the Court to order discovery before the Rule 26(f) conference. Absent any stipulation between the parties allowing for discovery, the Court must accordingly deny Plaintiff's Motion to seek discovery at this juncture.

II. CONCLUSION

Based on the foregoing, and good cause appearing therefore,

IT IS HEREBY ORDERED that Plaintiff's Motion for Discovery with Interrogatories and Request for Documents is DENIED.

IT IS FURTHER ORDERED that the parties must submit either a joint proposed discovery plan and scheduling order in compliance with the Local and Federal Pules, or a requestion of the content of

**IT IS FURTHER ORDERED** that the parties must submit either a joint proposed discovery plan and scheduling order in compliance with the Local and Federal Rules, or a request to stay discovery, citing the proper standards, no later than May 12, 2014.

United States Magistrate Judge

DATED: April 30, 2014.

NANCY J. KOPPE

The Court liberally construes Lasko's claims. *See Bernhardt v. Los Angeles Cnty.*, 339 F.3d 920, 925 (9th Cir. 2003) (acknowledging that courts must construe *pro se* motions and pleadings liberally). Nevertheless, "*Pro se* litigants must follow the same rules of procedure that govern other litigants." *King v. Atiyeh*, 814 F.2d 565, 567 (9th Cir. 1986).